

## **Inspire Training Group**

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[www.InspireTrainingGroup.co.uk](http://www.InspireTrainingGroup.co.uk) email: Inspire@fosteringattachments.co.uk

Facebook- Therapeutic Parents –

[www.facebook.com/groups/therapeuticparents/](http://www.facebook.com/groups/therapeuticparents/)

Twitter- @F\_A\_Ltd and also @SarahNaish\_TP

You Tube: Inspire Training Group

## **Book list and Resources**

You Tube: Inspire Training Group

Online Training [www.fosteringattachments.learnupon.com/store](http://www.fosteringattachments.learnupon.com/store)

Louise Bomber- Inside I'm Hurting (Practical Strategies for Supporting Children with attachment Difficulties in schools)

Louise Bomber: What About Me? (Inclusive Strategies to Support Pupils with Attachment Difficulties Make it Through the School Day)

Dr Heather Geddes: Attachment in the Classroom- A Practical Guide for Schools

Dr Dan Seigal 2010 – New model of brain based therapy

Dr Bessel Van Der Kolk – The Body Keeps the Score

Dr Jonathan Baylin, Dr Dan Hughes - Brain Based parenting – whole explanation of neuro science in relation to the parenting role and blocked care.

Dr Dan Hughes: Building the Bonds of Attachment

Dr Bruce Perry research and evidence –<http://childtrauma.org/>

10 things about childhood trauma every teacher needs to know

<http://www.weareteachers.com/blogs/post/2016/02/24/10-things-about-childhood-trauma-every-teacher-needs-to-know>

Dept. for Education: Fostering and adoption Early Childhood Trauma

<http://fosteringandadoption.rip.org.uk/topics/early-childhood-trauma/>